

# Lyme + Co-Infection Symptom Checklist



Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Please mark how frequently you experience the following symptoms:

0 = Never | 1 = Occasionally | 2 = Frequently | 3 = Constantly

Symptom	0	1	2	3	Notes / Onset Timing
<b>LYME (Borrelia)</b>					
Migrating joint or muscle pain					
Neck stiffness or pain					
Headaches					
Fatigue, post-exertional malaise					
Brain fog, memory loss					
Light or sound sensitivity					
Sleep disturbances					
Tingling, numbness, or burning					
Heart palpitations or chest pain					
Bells palsy or facial weakness					
<b>BABESIA (Protozoa)</b>					
Air hunger, shortness of breath					
Night sweats (especially drenching)					
Dizziness or imbalance					
Head pressure, migraines					
Anxiety, panic, or depersonalization					
<b>BARTONELLA (Bacteria)</b>					
Foot pain, especially soles in AM					
Bone pain or shin splinters					
Skin striae (stretch-mark-like lines)					
Irritability, rage, or mood swings					
Sensory sensitivity (light, sound, touch)					
Frequent urination, bladder pain					
Swollen lymph nodes					
<b>ANAPLASMA / EHRLICHIA</b>					
High fever with chills					
Severe fatigue or weakness					
Sore throat, flu-like symptoms					
Headache behind eyes or temples					
Unexplained low white blood cells (if known)					

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<b>MYCOPLASMA (Atypical bacteria)</b>					
Chronic dry cough					
Chest pain or tightness					
Migrating joint pain					
Brain fog, slowed thinking					
<b>OTHER</b>					
New rashes					
Alcohol intolerance					
Exercise intolerance					
Herxheimer reactions (worsening on treatment)					

## Totals for Each Category

Lyme	
Babesia	
Bartonella	
Anaplasma/Ehrlichia	
Mycoplasma	